



West Stormont Woodland Group

WORKING WITH LOCAL PEOPLE TO BRING
TAYMOUNT & FIVE MILE WOODS INTO
COMMUNITY OWNERSHIP

“Feeling Good in the Woods”

We want people of different ages and abilities in our community to discover how access to local woodlands for different activities can be really good for our health and wellbeing.

Wednesday 25 September 2019

Event 10/10: Cycling Without Age - free trishaw rides in the grounds of Ballathie House Hotel



Half hourly rides from 10.30am to 3pm for people with mobility limitations who may not have been on a bike for many years or at all.

Blankets and waterproof covers will be provided but please dress for the weather!

A hot drink and a biscuit will be available in the hotel after your ride to warm you up!

If you can, meet us at Ballathie House Hotel 10 minutes before your allotted time. If not, a taxi service may be offered locally.

Contact us for further information and to book a time:

Email: contact@weststormontwoodlandgroup.org.uk

Or call us on this number: 07981 246030

This event is part of the North Perthshire SHARE Festival.

These free events have been funded by the Perth and Kinross Community Investment Fund